

Opportunity Blossoms @ Your Library®



Children/Tweens & Teens

Infant Toddler Story Time
10:30 am Tuesdays 3/4—5/6

Preschool Story Time
10:30 am 3/6, 3/13, 3/20, 4/3, 4/10, 4/17, 4/24, 5/1, 5/8

Junior Book Discussion
2 pm 3/8, 4/12, 5/10

Spinning Yarns 4 pm 3/5, 3/19, 4/16, 4/30

Gaming Galaxy Group 1
3:30 pm 3/6, 3/13, 3/20, 4/24, 5/1, 5/8

Gaming Galaxy Group 2
4:30 pm 3/6, 3/13, 3/20, 4/24, 5/1, 5/8

Media Masters Computer Classes 2 pm 3/15, 5/17

TEAM Library 2 pm 3/1, 5/31

Family Yoga 7 pm 3/5, 3/12

Parent/Child Core

Strength 7 pm 3/19, 4/2, 4/9, 4/16, 4/23, 4/30, 5/7, 5/14

Adults

Body-Smart Gardening
10 am 3/1

Gardener's Q&A 11:30 am 3/1

Medicare/Medicaid: What's the Difference?
10 am 3/3

Antiques Road Show Matteson Style 1 pm 3/8

Local Artist Spotlight 7 pm 3/20

Secrets of Selling on Ebay 10 am 3/22

Book Discussion 10:15 am 3/24, 4/28, 5/27

ABC's of Insurance 7 pm 4/3

Flower Arranging 101 10 am 4/5

Going Green 11 am 4/12

Film & Discussion: An

Inconvenient Truth 1 pm 4/23 repeated 4/26 1 pm

Slit-Ribbon Flower Decoration Craft 10:30 am 5/3

Small Business for Beginners 7 pm 5/8

Mexican Fiesta 11 am 5/10

Buying a Home in Today's Economy 7 pm 5/22

All Ages

Family Chess Night 7 pm Wednesdays 3/5—4/30

Chess Tournament 3/5-4/30

Friends of the Matteson Public Library
Meets 6 pm 3/19, 4/16, 5/21

National Library Week April 13—19, 2008

Matteson Public Library Board of Trustees

Milfred Moore—President
Harold Gillis—Vice President
Dorothy Sparks—Treasurer
Leana Page—Recording Secretary
Coretta Jackson—Corresponding Secretary
Toni Ashmore, Dwayne Shipp
Library Director—Kathy Berggren
Meets 2nd Mon. 7 pm 3/10, 4/14, 5/12

Free delivery of library materials is available to homebound Matteson residents. Contact Renee at 708-748-4431 ext. 19.

In Appreciation

Many thanks to Bernard & Diana Draus, the Prudential Foundation, & BP International for recent donations to the Library. Thanks also to State Farm agent Bree Breedlove for the donation of 9 magazine subscriptions.

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801 School Avenue
Matteson, IL 60443

Hours

Mon to Thurs, 9 - 9
Fri & Sat, 9 - 5
Sunday, Sept. to May, 1 - 5 pm
Phone: 708-748-4431
Email: mtslib@sslic.net
www.mattesonpubliclibrary.org

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Matteson Public Library Newsletter

National Library Week
April 13—19

801 School Avenue
Matteson, IL 60443
www.mattesonpubliclibrary.org

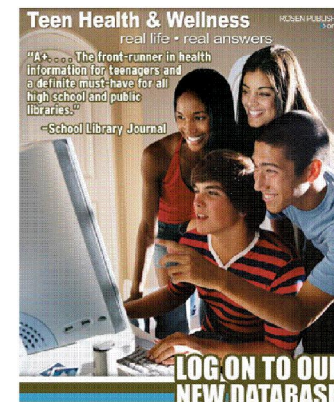
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Spring 2008

Got Questions? New Online Health Information Resource for Teens Has Answers

Authoritative, user-friendly, interactive, reliable, and straightforward are just some of the words used by professional reviewers about *Teen Health & Wellness: Real Life, Real Answers*, the newest addition to our online resources. Produced by Rosen Publishing and now offered to Matteson Library patrons, the *Teen Health & Wellness* database can be used as both a self-help tool and an information resource for research assignments on topics such as diseases, drugs, alcohol, nutrition, fitness, mental health, sexuality, family life, career skills, and more.

Developed with the unique concerns and perspective of teens in mind, the regularly updated homepage connects current medical and social issues to information found in the database. In addition to articles, other resources (websites, organizations, recommended reading) are listed along with 24/7 national hotlines for teens in crisis.

The *Teen Health & Wellness* database can be accessed on the database PC's in the Adult Services Department. Matteson residents may access from home through our web site: www.mattesonpubliclibrary.org.



Antiques Road Show Matteson Style Saturday, March 8, 1 pm

Appraiser Rex Newell brings his "Antiques Road Show" back to Matteson Public Library for a repeat performance. Newell is a noted local antiques dealer and urges anyone to always "check it out before throwing it out." Bring one hand-held item and have it evaluated by Newell.

Secrets of Selling on eBay Saturday, March 22, 10:00-11:30 am

Vivienne Porter, *C3 Solutions*, presents the ins and outs of selling on eBay. The workshop will begin with how to establish an account and continue with tips on photographing items, what to include in descriptions, and how to use Turbo Lister to make the process easier.

Local Artist Spotlight Thursday, March 20, 7:00-8:30 pm.

Prepare to be inspired as John Davis of Matteson will give a slide presentation of his artwork along with selected pieces for you to enjoy. He has mastered a variety of mediums ranging from ceramic clay, sheet metal, wood and plaster, to oils, watercolors, pencil, and acrylics. He has also won several awards for his original artwork including his sculpting designs. Davis will answer questions following the slide show.

For information and to register for Adult Programs,
phone 708-748-4431, ext. 28.

Going Green: What Does It Mean? Be Part of the Solution Sat., April 12, 11:00 am-12:30 pm

Climatologists are concerned that climate changes will bring hardships to our planet. They report that the earth's average temperature has increased over the past 100 years, resulting in melting polar ice caps, receding mountain glaciers and rising sea levels, all evidence, they believe, of global warming. What can the average citizen do to lessen the impact of this problem? Sierra Club member Richard Treptow, Ph.D., Professor Emeritus of Chemistry at Chicago State University, will talk about the causes of global warming, the consequences, the cures. Find out how "going green" can make you part of the solution.

The Library will be closed on
March 23, May 11, 25 & 26.



A Spring Garden of Programs

Gardening the Body-Smart Way Saturday, March 1, 10:00-11:30 am

The hot sun, back strain, getting up and down, bending, hoeing and raking all have an effect on our bodies and can make gardening a chore rather than a pleasure. Learn to garden smartly from a University of Illinois Extension Master Gardener with correct methods to reduce stress and strain on your body. New gardening techniques, including new ergonomic tools, will be highlighted to once again make gardening fun.

Gardeners' Q & A

Saturday, March 1, 11:30 am-12:30 pm

Get your gardening questions answered by a University of Illinois Extension Master Gardener so that your garden will be a perfect explosion of color. Topics include perennials, annuals, bulbs, and flowering bushes.

Medicare/Medicaid: What's the Difference?

March 3, 10:00-11:30 am

Maribeth Stein of AgeOptions presents an overview of the Medicare and Medicaid programs including enrollment, eligibility, coverage, and associated costs. She will also discuss prescription drugs, where to get help paying for medications, and provide an in-depth explanation of state, federal, and private prescription drug plans that are available to seniors. Don't miss this informative presentation.

The ABC's of Insurance

Thursday, April 3, 7:00-8:30 pm

Here's an opportunity to learn more about the many different types of insurance programs. World Financial Group presents this seminar on insurance basics and gives tips on life and health insurance.

Flower Arranging 101

Saturday, April 5, 10:00-11 am

Discover how using the circles, L's, and triangles of geometric forms can transform ordinary flower arranging into high-style works of art. Kathleen Obirek, Society of American Florists and Certified Floral Designer and Educator, explains how to step sequence the placement of flowers to achieve an elegant floral composition. Win a door prize at this inspiring lecture!

Midday Cinema: Film & Discussion *An Inconvenient Truth*

Wednesday, April 23, 1:00-3 pm
Snacks provided.

Come and see former Vice-President Al Gore's Academy Award-winning documentary film on global warming, directed by Davis Guggenheim, and participate in a discussion afterward. **It will be replayed Saturday, April 26, from 1:00-3:00 pm.**

Slit Ribbon Flower Decoration Craft

Saturday, May 3, 10:30 am-12:30 pm

Instead of a bow, present your Mother's Day gift with this unique floral decoration. Your handmade flower can also be placed in a bud vase. Materials will be provided by instructor Kathleen Obirek. **Bring a scissors and pen. Limit: 15. Sign up early!**

Small Business for Beginners

Thursday, May 8, 7:00-8:30 pm

Are you a self-starter? Do you dream of owning a business but don't know if it's right for you? Vicki Hill Brooks, University of Illinois Extension Small Business Specialist, discusses characteristics of a successful entrepreneur and the steps involved in starting a business.

Mexican Fiesta: A Culinary Celebration!

Saturday, May 10, 11:00 am. to 12:30 pm

Learn the rich history behind the Cinco de Mayo holiday and watch the preparation of some of the rich foods that come from Mexican culture.

Buying A Home in Today's Economy

Thursday, May 22, 7:00-8:30 pm

Buying a home today can be risky, but it can also be a bargain. Local realtor Maurice Saunders shares his expertise in home buying and how to take advantage of today's market.

Book Discussion

10:15 am. Registration NOT required.

March 24. *The Glass Castle: A Memoir.*
Jeanette Walls.

April 28. *The Tortilla Curtain.*

T. Coraghessan Boyle.

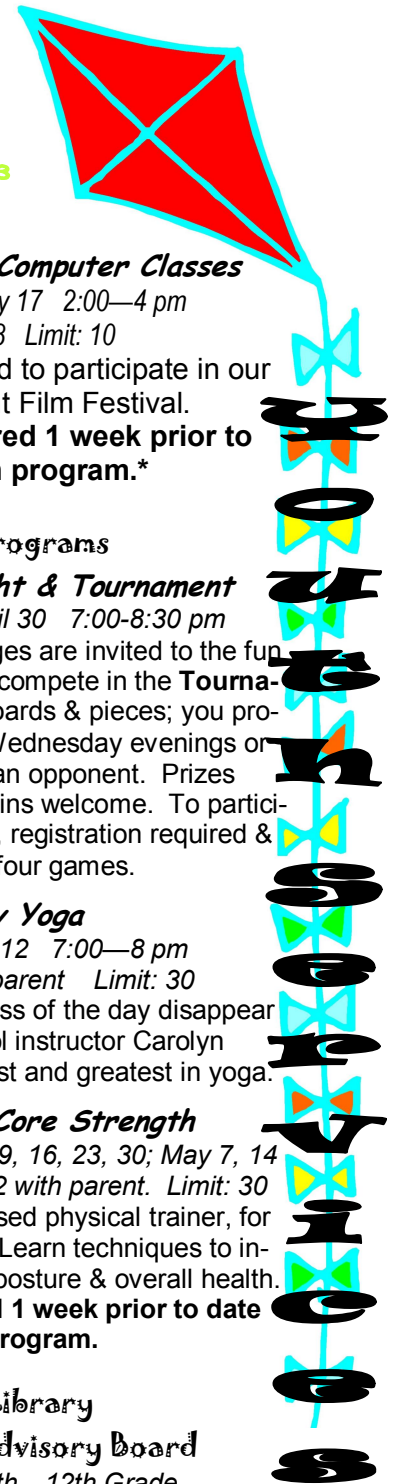
May 27(Tuesday). *Left to Tell: Discovering God Amidst the Rwandan Holocaust.*

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For information and to register for Adult Programs, phone 708-748-4431, ext. 28.

We're Soaring Up to the Highest Height in

Phone 748 4431 ext 13



Story Times

***Infant/Toddler Story Time**

Tuesdays, March 4—May 6 10:30—11 am
Ages birth—2 with a caregiver. Limit: 30 children. No more than 3 children per adult, please.

***Preschool Story Time**

Thursdays, March 6, 13, 20; April 3, 10, 17, 24;
May 1, 8 10:30—11 am
Ages 3—5 with a caregiver. Limit: 30 children.
Daycares welcome.

Please check in each time you come to Story Time.

Grades K-2, Ages 5-8

Culture Club

***St. Patrick's Day Cooking Camp:**

Cooking Up a Story

Sat., March 22, 2:00—3:30 pm. Limit: 20
Hear an enchanting story taking you to the land of the Leprechauns while a USA Cooking Camp instructor helps bring the characters to life with some favorite Leprechaun treats.

***Spring Bling Picnic Fling**

Sat., April 19, 10:30—11:30 am Limit: 20
Come to this cooking camp & you'll be ready for picnic fun in the sun! Hear a fun-filled story & learn to make tasty picnic delights.
Registration required 1 week prior to date of each program.

Grades 3-5, Ages 8-10

Junior Book Discussion

Sat., March 8, April 12, May 10, 2:00—3 pm
Limit: 20
Hear and discuss good Monarch books, do a fun craft, & enjoy a snack.
Registration required 1 week prior to date of each program.

Young Adults

***Spinning Yarns**

Wed., March 5, 19; April 16, 30 4:00-5:30 pm
Ages 11-18. Limit: 10
Learn to knit or improve your skills.

***Gaming Galaxy**

Thursdays, March 6, 13, 20; April 24; May 1, 8
3:30—4:30 pm Ages 11—13. Limit: 12
4:30—5:30 pm Ages 14—18. Limit: 12
Join your friends for PS2 & Wii video games.



***Media Masters: Computer Classes**

Sat., March 15; May 17 2:00—4 pm
Ages 12—18 Limit: 10

Learn skills needed to participate in our Summer Student Film Festival.

Registration required 1 week prior to date of each program.

Family Programs

Family Chess Night & Tournament

Wed., March 5—April 30 7:00-8:30 pm

Children & adults of all ages are invited to the fun of Family Chess Night & compete in the **Tournament**. We provide the boards & pieces; you provide the players. Play Wednesday evenings or drop in anytime with an opponent. Prizes awarded & a raffle. Drop-ins welcome. To participate in the **Tournament**, registration required & play at least four games.

***Family Yoga**

Wed., March 5 & 12 7:00—8 pm
Ages 6—12 with parent Limit: 30

Come relax & let the stress of the day disappear when Arcadia School instructor Carolyn Pesa shows you the latest and greatest in yoga.

***Parent/Child Core Strength**

Wed., March 19; April 2, 9, 16, 23, 30; May 7, 14
7:00—8 pm Ages 6—12 with parent. Limit: 30
Join Arnell Brown, licensed physical trainer, for core strength exercise. Learn techniques to increase stability, improve posture & overall health.
***Registration required 1 week prior to date of each program.**

TEAM Library

Young Adult Advisory Board

Ages 11—18 6th—12th Grade

Saturday, March 1 2:00—4 pm Limit: 40
Learn how to become a Volunteer at the Matteson Library. All volunteers will fill out new application forms, & parents are invited to come & sign forms for those under 18. We'll also go on a St. Patrick's Day Scavenger Hunt & enjoy refreshments.
Registration required & begins February 23.

Saturday, May 31 2:00—4 pm Limit: 40
Wanted! Enthusiastic, dependable volunteers. Those wishing to be Summer Reading Program Volunteers **MUST** attend this session. **Registration required & begins on April 19.**